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B E N D  L A P I N E
S c h o o l s

EDUCATING THRIVING CITIZENS

HIGH LAKES ELEMENTARY

Linda Burley, Principal

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January 25, 2021

High Lakes Elementary Families,

This informational letter is to let you know that we have been made aware that a person associated with your child's school has been diagnosed with COVID-19; the name of the person is protected by federal law through HIPAA. Our Health team has completed an investigation regarding this case. At this time, no additional measures need to be taken.

We are providing this letter, and letters like it in the future, to raise awareness of the ways that we can all work to reduce the spread of COVID-19 in our communities and to provide you with timely information about cases in our community that have a nexus to our schools.

The best way to prevent the spread of COVID-19 is to practice good health hygiene habits. Wearing a mask will reduce the spread of virus and help prevent those who have the virus (with or without symptoms) from passing it to others. Be sure to wash your hands frequently with soap and water, cover your coughs and sneezes, and avoid contact with people who have signs of illness. Get plenty of rest, exercise, and eat a healthy diet. Protect the community by following the Governor's social distancing requirements.

As always, if you, or anyone in your home, becomes sick with a fever of 100.4 or more, has chills, has loss of taste or smell, cough, difficulty breathing, sore throat, headache, congestion/runny nose, nausea, vomiting, diarrhea (3 or more watery stools in 24 hours), muscle aches/pains, and/or fatigue, please contact your health care provider for instructions. More information can be found on the Oregon Department of Education's COVID-19 page, the Oregon Health Authority's COVID-19 page and Bend-La Pine Schools COVID-19 Communications.

If you have any questions, please contact the High Lakes Covid Safety Team Lead, Linda Burley and/or Nurse Kim Beckett.

Sincerely,

Linda Burley, Principal

High Lakes Elementary School