

February 11, 2021

To the parent(s)/guardians(s) of Bend High School students in **COHORT A**.

You are receiving this email because your student in the **Cohort A** may have been exposed to someone diagnosed with COVID-19. Although your student's exposure is considered low risk, we want to help you and those around you stay safe and healthy out of an abundance of caution.

The positive COVID-19 case is associated with Bend High where your student may have last attended on February 8.

We coordinated quickly with the Bend-La Pine Schools COVID-19 Support Team upon learning about the confirmed case. Bend-La Pine Schools is assessing the level of exposure and risk and contacting people as appropriate, which is not expected to include your student at this time. We are letting you know as a precautionary measure. It is important that you know how to get medical help safely and, should your student or anyone in your family get COVID-19, how to avoid spreading it to others.

- Although public health officials are not recommending that your student self-quarantine, please wear a mask, practice physical distancing, including avoiding group settings and staying at least 6 feet from other people.
- Monitor for fever, cough, shortness of breath, difficulty breathing, or new loss of taste or smell for 14 days from February 8. *Please notify your student's school if your student develops symptoms.
- If your (student) temperature is above 100°F at any time, or you get a cough, shortness of breath, difficulty breathing, or new loss of taste or smell:
 - Cover your cough and avoid direct contact with household members and others.
 - Contact your primary care provider or urgent care clinic and tell them you were exposed to someone with COVID-19 and have symptoms.
 - If you can't contact your provider and are very ill, call 911, and tell them that you are at risk for COVID-19 and have developed symptoms.

We apologize for the inconvenience and more importantly the concern that this may cause.

The health and safety of our employees, students and community members remains a priority. If you have any questions, please contact Christopher Reese or nurse Shanon Bryant at Bend High School. If you have any questions for Deschutes County Public Health, please call 541-322-7418.

Est. 1883

B E N D  L A P I N E

S c h o o l s

EDUCATING THRIVING CITIZENS

BEND SENIOR HIGH SCHOOL

230 NE 6th St

Bend OR 97701

Principal: Christopher Reese

Respectfully,

Christopher Reese, Principal
Bend High School