WHEN SHOULD I
GET TESTED
FOR COVID-19?

St. Charles
HEALTH SYSTEM

THE PANDEMIC IS CHANGING, AND SO ARE TESTING GUIDELINES

We want you to know the latest on when to get a laboratory test for COVID-19 to best protect yourself, your family and our community

WHO **SHOULD** GET TESTED

Individuals with symptoms or exposure who are at high risk for complications or who meet eligibility criteria for COVID-19 therapeutics

✓ **People over age 65**

✓ **People over age 12 who:**
  - have obesity
  - have diabetes
  - have chronic kidney disease
  - have a heart condition like heart failure, cardiomyopathies or high blood pressure
  - have Sickle Cell disease
  - have a developmental condition like cerebral palsy
  - use daily medication for asthma or other long-term lung disease
  - have a dependency on medical technology such as a ventilator or feeding tube
  - are pregnant
  - are taking medications that weaken the immune system

✓ **Individuals with moderate to severe illness who require medical care**

✓ **Individuals who:**
  - live or work in a congregate residential setting (long-term care facility, adult foster home, behavioral health facility, residential treatment facility, homeless shelter, transitional housing, group homes)
  - are associated with agricultural or food chain facilities
  - K-12 educational settings or early-learning facilities

✓ **Symptomatic individuals with no known close contact with someone with COVID-19 in the past 10 days**

WHO **MAY NOT NEED** TESTING

✗ Family / household members who have been exposed to a COVID-19 positive household/family member do not require their own test unless they are medically fragile or high-risk (e.g., unvaccinated) and may require early treatment

✗ People with mild symptoms who **do not** require medical care (isolate at home while recovering for at least 5 days and until 24 hours without fever and after symptoms have improved)

✗ People with a positive home COVID-19 test **do not** need another confirmatory test

✗ People with a positive COVID-19 test from clinic or other testing site do not need a confirmatory test or a "test of cure" or negative test to return to work/school

✗ Symptomatic people with a negative clinic test or two negative home antigen tests taken 24-hours apart within 3-5 days of illness

WHERE TO GET TESTED

If in need of a clinical COVID-19 test, please visit any urgent care or make an appointment with your primary care provider

Scan this QR code for
COVID Testing Locations and Hours
or visit:
www.stcharleshealthcare.org/COVIDtesting